



VOLLEYBALL
WESTERN AUSTRALIA

Beach Development Squad Guidelines

2019

Beach Development Squad Guidelines

Purpose

The Volleyball WA Beach Development Squad has been established to provide young athletes with an opportunity to develop their beach volleyball skills, under the guidance of some of WA's best coaches.

Scope

The Beach Development Squad Program is for U14, U15, U16 and U17 males and females who are Volleyball WA Athlete Members.

The program also allows opportunities for the coach mentoring of future State Team Beach Coaches.

Objectives

- To ensure that athletes are able to perform the foundation skills of volleyball with precision and are age appropriate.
- Provide squad athletes with the best pathway and development opportunities that align with the Volleyball WA's Athlete Development Pathway.
- To provide an educational opportunity for athletes and coaches.
- Develop an athlete physical attribute model is age level appropriate and aligns with the Volleyball WA pathways. This includes physical fitness standards in the areas of core stability, fitness and testing (stamina, jump etc.).

Beach Development Squad Program Outline

- 2 training sessions a week for 7 week season.
- Monday and Wednesday evenings.
- Training Top
- Injury Prevention Program
- Pathway to State Team eligibility.

Beach Development Squad Program Schedule

Commencement Dates: Wednesday 16th October 2019

Finish Date: Monday 2nd December 2019

Venues:

	Monday	Wednesday
Venue	Visko Park Beach Courts	Volleyball WA Inner City Beach Courts
U14, U15	5.30pm - 7.15pm	5.30pm – 7.15pm
U16, U17	6.45pm - 8.30pm	6.45pm - 8.30pm

Beach Development Squad Athlete Requirements

- The Beach Development Squad is open to all Volleyball WA Full Platinum Members. Acceptance into the program is on receipt of registration and the payment.
- U17 Athletes may attend 1 or two session a training per week over the Squad training session
- All U14, U15, U16 and U17 Athletes born after 1st January 2003.

Western Australia State Beach Team Eligibility.

Any U14, U15 and U16 age athletes who is considering to nominate for the 2020 Australian Junior Beach Volleyball Championships State Team will need to attend at least 50% of the Development Squad Session. Please refer to the State Team Policy for exemptions for regional athletes.

Beach Development Squad Coach Positions

Head Coach

The Head Coach reports to the Volleyball WA Participation and Development Manager and the Junior Development Coordinator.

Head Coach will:

- Hold a current Level 2 Coaching Accreditation.
- Strong knowledge and expertise of volleyball skill development, planning and pathway development.
- Have attended extensive professional development in the area of Sports Coaching.
- Hold a current Working with Children's Card (WWCC).

Squad Coaches

The Squad Coach reports to the Volleyball WA Junior Development Coordinator and the Development Squad Head Coach.

Squad Coach will:

- Hold a current coaching accreditation.
- Knowledge of volleyball skill development, planning and pathway development.
- Attends professional development opportunities in the areas of Sport Coaching.
- Hold a current Working with Children's Card (WWCC).

Roles and Responsibilities

Head Coach

- Providing leadership and support to the Beach Development Coach - Males and Head Coach-Females.
- Mentoring junior coaches within the program, providing support and advice where necessary.
- Being accountable to planning and delivering the program, skill development and a physical attribute model that is age appropriate for the squads.
- Attending scheduled sessions and meetings.

- Working together to positively and proactively promote an environment in the VWA Beach Development Squad that is athlete centred.
- Accepting and upholding the requirements and values of the Volleyball WA Code of Conduct.
- Implementing core training elements as relatable to squads within the Volleyball WA FTEM model.
- When/where applicable, contribute to VWA Talent Identification (TID) for future WA representatives.
- In conjunction with the Volleyball WA Schools and Junior Coordinator organise the rostering of the coaches and athletes at the venues that will be used for Development Squad Training.

Squad Coach

- Working together with all coaches to positively and proactively.
- Promote an environment in the VWA Beach Development Squad that is athlete centred.
- Being accountable to delivering the program, skill development and a physical attribute model that is age appropriate for the squads.
- Attending scheduled sessions and meetings as required.

Beach Development Squad Guidelines

- Accepting and upholding the requirements and values of the Volleyball WA Code of Conduct.
- When/where applicable, contribute to VWA Talent Identification (TID) for future WA representatives.

Coach Selection

Head Coach Selection Panel

- Volleyball WA CEO
- Volleyball WA Participation and Development Manager
- Volleyball WA School and Junior Development Coordinator

Squad and Assistant Coach Selection Panel

- Volleyball WA Participation and Development Manager
- Volleyball WA School and Junior Development Coordinator
- Volleyball WA Beach Development Head Coaches

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